

# SOCIAL EMOTIONAL LEARNING (SEL): Planning for Sustainable Systemic Implementation

Social emotional learning (SEL) is rightfully at the top of most districts' agendas these days. After all "Emotions are everywhere. There is never an instant of waking life when they are not present and influencing the energy level we bring to tasks, the level of focus, the amount of investment." (*The Skillful Teacher*, p. 313)

Research for Better Teaching's stance on social emotional learning is that:

- Successful teaching for student results must include skill at SEL.
- "Programs" are not enough.
- Adult development permeates effective implementation of any program.

RBT has reviewed the SEL field and identified 12 different approaches in the field. They can be viewed in progressive levels of complexity and sophistication. Adopting a good SEL program is a good start, but is not enough. Most programs focus on only one of the 12 approaches, and a district must develop a comprehensive plan to meet the needs of their students. In this course, participants will be introduced to the 12 approaches and they will begin to review the current status of their school/district's implementation of each of the twelve. Then they will begin to develop a clear, comprehensive SEL plan, all through the lens of high-expertise teaching.



## OUTCOMES

As a result of taking this program, participants will be able to:

- Describe the 12 approaches to social emotional learning
- Assess their school/district's level of implementation on each of the 12 Approaches
- Begin to develop a tailored plan for SEL implementation for their school/district of the most appropriate next steps

## AUDIENCE

- District Decision Makers
- School leaders

**18 HOUR PROGRAM (3-Days)**

Contact [info@RBTeach.com](mailto:info@RBTeach.com) for more information



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## FORMAT

This workshop for school and district leaders will profile the 12 SEL approaches and lay out the playbook for a district to assess how it is addressing the SEL needs of its students. It will allow participants to draft a plan of action for effective SEL implementation.

Starting with an examination of the ability of the adults in their school/district to model, develop, and support a healthy and safe learning environment, participants will further understand the depth of impact that social emotional learning has in all aspects of teaching and learning. As participants consider the critical role of social emotional learning as the foundation to all instruction, this session will have immediate relevance and impact to participants' professional and personal lives. The learning is action oriented, including activities that allow participants to engage their own thinking about social emotional learning and draw from the insights and experience of others.

